



NEWS NOTES

Vol. 6 Issue 2

of Rock County

Published Bi-Annually by RSVP

Winter 2015

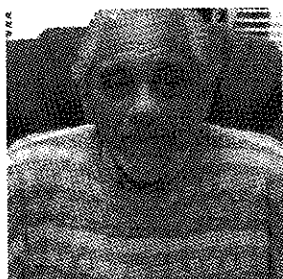
I N M E M O R Y

Darlene A. Severt

July 10, 1934 - September 6, 2015



On 09/06/15 the **RSVP family lost a dear friend and volunteer.** Darlene passed away while hospitalized. She was an RSVP volunteer for nearly 25 years and served in a variety of capacities. She was an active volunteer at the Beloit Senior Center serving as a Board member, clerical assistant, congregate meal worker, and program assistant. She also served at Beloit Memorial Hospital in the gift shop and in patient services. Darlene served on the Board of Neighborworks Blackhawk Region from 2008 - 2014. She was an office volunteer at RSVP from 2004 until the time of her death. Darlene was the perfect example of someone who believed in giving back to the community with over 8,000 hours of service during her tenure with RSVP. Rest in peace our dearest Darlene and know that you are greatly missed.



A Word from the Director—Robert Harlow

Since our last newsletter we have hired a new Program Assistant, Mikki Spaeth. She will be introducing herself in this newsletter. We are now full staffed and programs are up and running. Laura and Mikki have done a great job with getting our Intergenerational Programs back on track. We have Folk Fairs, BABES, and Intergenerational Heroes scheduled for this fall and some already scheduled for the spring. Our America Reads program has begun and there are about 40 volunteers working in the elementary schools helping students achieve appropriate reading levels.

Our Seniors Volunteering for Seniors Program was recently recognized by the Women's Fund of the State-line Community Foundation at their annual fundraising luncheon. The teen rides program has been running well and several young women have graduated from high school and are working. This program has been effective in addressing transportation barriers for these young women and the volunteers have done a great job providing transportation services and mentoring.

Letters have been sent out to elementary schools and agencies informing them that we have hats, mittens, and scarves available for distribution. Our In-Home volunteers have done a great job in making these items and we anticipate that over 2,000 items will be distributed. Many thanks to our volunteers for their efforts.

This will be our last newsletter for 2015 and all of us here at RSVP want to wish you a very happy and healthy Holiday Season!

RSVP Wish List

1. Printer cartridges: HP 56 and 57, Canon 26, 26c, 26m, 26y, and HP 35A.
2. Pink, green and blue copy paper
3. Coffee
4. Cleaning supplies
5. Paper clips
6. 1 inch mailing tabs
7. Avery laser 5160 labels
8. Glue sticks
9. Paper plates and plastic utensils
10. Napkins
11. 4-ply yarn
12. Toilet paper and paper towels

A reminder that the RSVP office will be closed for the following holidays.

November 26 & 27 —Thanksgiving

December 4, pm— Board and Staff Luncheon

December 24 and 25—Christmas

December 31—New Years Eve

January 1—New Years Day

January 18—Martin Luther King Day

May 30—Memorial Day

Volunteer Opportunities

CASA

CASA (Court Appointed Special Advocates) of Rock County is in need of volunteers to help make a difference in the future of children in Rock County. Your business and your voice can make a difference in the life of an abused and neglected child. We will provide attendees with an overview of the program and how our CASA volunteers advocate for Rock County's abused and neglected children in our court system. If interested, contact Laura at 362-9593 or 756-4281 or Sandy Johnson at 920-691-6159.

The Literacy Connection-Janesville

The Literacy Connection in Janesville needs volunteers who have patience and a desire to help others for a commitment of two to three hours per week. Volunteers tutor adults in basic literacy skills, basic computer skills, ELL (English Language Learner) or math. Teaching experience is not necessary as The Literacy Connection will train. Volunteers must be able to pass a background check and attend a Volunteer Orientation and Tutor Training Class. Tutors meet one on one with an assigned student, two to four times per month, but times are flexible. Orientations are provided monthly on the second Thursday at 5:30p.m., tutor trainings are scheduled quarterly. The Literacy Connection provides tutor spaces, tools, guidance and help with material selection. It is wheelchair accessible. Assignments may take place at the Olde Towne Mall Library, the Job Center or other approved public places. Call RSVP at 756-4281 or 362-9593.

Hedberg Public Library

Volunteer Positions:

Shelf Reader-maintain shelf order, check for damage or mislabels, straighten; Minimum 1 hour per week; Lift up to 10 lbs., reaching, standing and walking; alphabetize, use Dewey Decimal system.

Materials delivery-select, deliver and return materials to homebound patrons. Valid license and insurance required. Computer and library

collection knowledge helpful. Ability to successfully interact with older and/or persons with disabilities. Reaching, standing, lifting and carrying.

Data Entry-enter data into online database. One hour per week. Accurate keyboarding skills.

Mailing-prepare documents for direct or bulk mail. Weekdays, 3-4 hours every 2 months. Use labels, seals, and sometimes stamps. Lift and carry up to 10 lbs.

Public Information Office-sort and file forms, distribute fliers and signage to local businesses. Weekdays 2-4 hours per month. Valid license and insurance required.

Interlibrary Loan-collect materials, pull paperwork, file and collate. two hours per day, 1 or 2 days per week. Lifting up to 25 lbs., pushing, reaching and walking.

Reference-clip, label, copy, file, and a variety of tasks as needed. May work with local history materials. 1-3 hours per week; lifting, walking, reaching, carrying, sitting, standing. Ability to read, count, and follow directions.

Spanish Interpreter-interpret for Spanish-speaking patrons. Needed anytime the library is open. Minimum of high school level 4 Spanish. Must be fluent in English and Spanish.

Bilingual Spanish Event Program Volunteer-Greet guests, help with crafts, serve food, 2-4 hours per event, lift, carry and reach. Minimum of high school level 4 Spanish.

The Literacy Connection

In need of volunteers to teach the reading and speaking of English. Training is provided but you must know a certain level of English. If interested, contact The Literacy Connection at 608-756-3125 or Laura at RSVP 608-362-9593 for more information.

More Volunteer Opportunities

Hospice

My name is Beckie Herndon; I am the Home Health United-Hospice Volunteer Coordinator. Home Health United Hospice program is looking for volunteers in Rock Co.

Home Health United is a not-for-profit healthcare provider that focuses on providing in home care. Volunteers provide a valuable service to their community through the Home Health United-Hospice Program. As a member of the Hospice Team, volunteers provide services to individuals and their families dealing with terminal illness and/or provide administrative support.

Typical volunteer duties include:

- Companionship support
- Reading to patients
- Assisting with letter writing
- Helping with errands
- Performing light household tasks
- Sitting with a patient (short respite breaks for caregivers)

Volunteering times are flexible and can be done in your own community. Candidates should be compassionate and dependable with a sincere desire to make a difference in the lives of others. Free, comprehensive training is provided. No medical experience is necessary. Please feel free to contact me by phone. My direct office number is 608-355-4708.

Girl Scouts

The Girl Scouts of Wisconsin Badgerland Council are always looking for volunteers interested in working with girl scouts of all ages. In the program department, we run lots of lively and active programs for girls in science, technology, engineering, art, finance, and camp! If interested in volunteering for the Girl Scouts contact Allison Palser at 608-237-1164.

Riverview Heights

We are looking for people to help make Knitted hats etc. for St. Mary's cancer patients, domestic violence center and others. Group meets Thursday mornings, 8:30-11:00.

Rock County Historical Society

Seeking individuals with special skills and talents all the time! For more information, see <http://www.rchs.us/volunteer-interns/> or contact our volunteer/internship coordinator, Morgan Fonder at 920-450-4855 or FonderML17@uww.edu.

Front Desk-Assist staff in welcoming and orienting visitors, answer phone calls, run gift shop sales, and provide administrative assistance when needed.

Administrative Assistant-Assist museum staff with mailings, projects, office organization, filings, answering phones or intermittent clerical needs.

Tours- Campus Docent-Lead tours through the Lincoln-Tallman House, serve as a campus representative, and answer questions from visitors. Training is required.

Archives/Inventory-Provide research assistance and work on ongoing genealogy projects while supplementing our tours, exhibits, and events with unique and enriching artifacts and stories from Rock County's history. Minimum of 4 hours required per month. Also, scan and rename digital files.

Collections Management-Learn about history and how to correctly maintain and preserve artifacts. Also would be researching items and helping the Curator catalog items into computer databases.

Spring Garden Restoration- Provide research on plants that historically existed in the area during the 1800's. Then, take the research and apply it to the RCHS grounds to recreate a beautiful Tallman Garden.

Campus Maintenance-The RCHS campus is a 3.5 acre site complete with 5 historic buildings. Work with our staff to care for these venues by assisting in their interior and exterior preservation. We are in need of both cold weather (snow removal) and warm weather (landscaping and lawn care) help.

More Volunteer Opportunities

LEEPS Volunteer Request

This unique volunteer opportunity pairs a volunteer with a community member who is experiencing early signs of Alzheimer's Disease and/or related Dementia. Together the two will perform physical and language exercises and engage in meaningful community activities while under the direction of a dementia care specialist. This is a great opportunity for retired health care professionals.

Volunteers must be 18 years of age or older, consent to a criminal background check and driving record check. Volunteer will need to provide proof of car insurance and current WI driver's license. Volunteers should have 2-4 hours per week to dedicate to the program and will be asked to schedule two visits per week for a minimum three month commitment. Contact Cori Marsh, Dementia Care Specialist, ADRC of Rock County; 1900 Center Ave., Janesville, WI 53546. 608-741-3615 or marsh@co.rock.wi.us

Cedar Crest

Enjoy building relationships with older adults and benefit from their lives rich with history and experiences. Acquire skills and make new friends while helping your community. Long-term volunteers are needed for rewarding work with older adults at Cedar Crest Inc., a continuing care senior living community in Janesville. For more information, contact Cedar Crest's Volunteer Coordinator, Linda Lyke, at 608-373-6327 or email llyke@cedarcrestnet.com.

- **Euchre Volunteer**-flexible on day/time; lead euchre with residents, assist residents in playing as needed.
- **Chapel Service**-Each Sunday morning at 9:00 a.m. or evenings at 5:45p.m. or the 4th Wednesday of the month at 9:30a.m.; bring residents to and from chapel for services.
- **One to One visits**-Any day or early evening; must have good listening and interaction skills to visit with residents on an individual basis.
- **Crafts**-Wednesday 3:00p.m.; help residents make various craft projects including jewelry and seasonal decorations.
- **At home craft preparation**- Knitting or Crocheting; as needed on a project by project basis.
- **Ceramics**-Any day of the week; lead residents

in staining bisque pieces and teaching technique.

- **Interactive Activities with Memory Care residents**-daytime or evenings at 5:15p.m. or Saturday or Sunday anytime; play games, toss a beach ball, sing songs or do manicures with residents in our Memory Care unit.
- **Evening Games**-Thursday or Friday from 6:00 to 7:00p.m.; play word, dice, card or board games with residents.
- **Evening Bingo** Volunteer-Monday or Wednesday evening at 6:00p.m.; play bingo with residents.
- **Daytime Bingo** volunteer- Monday, Friday, or Saturday at 9:30a.m. or Sundays at 12:30p.m.; help residents play bingo.
- **Daytime Games**- Mornings or afternoons on Tuesday, Thursday or Saturday; assist residents with games.
- **Manicures**-Sundays at 10a.m. or Monday at 2:00p.m.; prepare and polish residents' nails.
- **Indoor sports**- Tuesday 3:00p.m.; help with balloon volleyball.
- **Wheelchair Walks**-Any day or early evening; take residents for a walk.
- **Computer Lab**-Any day or early evening; assist residents with email and searching for interest on computer.
- **Adopt-A-Grandparent**-Any day of the week; bring your family in to make regular visits with residents.
- **Roving Cart** visits-Any day or early evening; take "topical" carts from room to room with items to discuss and activities for residents to do.
- **Weekend volunteer**-Saturday or Sunday; help with activities such as games or bringing residents to entertainment.
- **Activities volunteer**-Day and times vary; assist with social hours, parties, games, indoor sports, crafts and other activities based on schedule.

Milton Food Pantry

Pantry is looking for volunteers on 1st and 3rd Monday's and each Wednesday from 2-4 p.m. Activities to include bagging, stocking, etc.



Seniors Volunteering for Seniors



By Patty Hansberry

It's hard to believe SVS is five years old this year. I am so thankful for the volunteers who provide this service to Rock County. Without you we wouldn't be able to provide one ride, visit, or phone call. Volunteers provide many services to fellow seniors. You could be a driver, a friendly visitor, someone that calls to make sure medicines are taken or just to visit, or you may be a person who would like to help a caregiver get away for a short period of time.

The SVS Teen program is up and running and we are presently taking three girls to school at the learning academy teen program. The learning academy provides young mothers the opportunity to go to school and work at their own pace to obtain their diploma while receiving child care. We have also taken these girls to WIC, the job center in Janesville, and to doctor appointments (both teen and child). We have also helped 2 girls obtain high school diplomas. The program has two girls who wish to be a part of the program but at the present time we need more volunteers to accomplish this. If you are a senior female who has time in the morning or afternoon please call Patty at 608-362-9593.

I would like to thank all of the volunteers who have so generously donated their time to both programs, and also wish all a happy holiday season.

RSVP Veterans Recognized



On Veterans Day, RSVP recognized their volunteers who have served in the armed forces. These individuals were presented with a Senior Corp Veteran pin at the Beloit Senior Center's annual Veteran's Day ceremony. Veterans from the Janesville area also received pins. Janesville area volunteers who received pins were as follows: Ann Buchanan, Jay Buswell, William Eberhardt, Steve Garry, Marie Menz, Virgil Parker, Steve Punzel, and Rob Wilkinson. Gerald Lesch and William Pace from Clinton also received pins along with Noel Ferry and Roland Mathewson from Orfordville.

If you are an RSVP volunteer and a veteran we would like to know. Please contact us at 362.9593 or 756.4281 and we will arrange to get you a pin.

Front row L to R: Robert Garner, Lyle Dressler, David Thill, Jo Shaefer, Theresa Niles.

Back row L to R: Lynn Howard, Greg Furman, Bill Pember, Skip Gleasman, Phil Sholes, Gene Singletary.

Not pictured Don Wilson, Dennis Dorst and Richard Starling.





Intergenerational News



In June, Laura Anastasi took over the position of Intergenerational program Manager. Intergenerational programs have resumed this fall with a Folk Fair at Cunningham, a BABES puppet show at Todd and an after school Heroes Program at Townview under our belt. I would like to thank all the volunteers who have stepped up to help me get these programs off the ground this fall.

We have four Intergenerational programs that are always looking for volunteers.

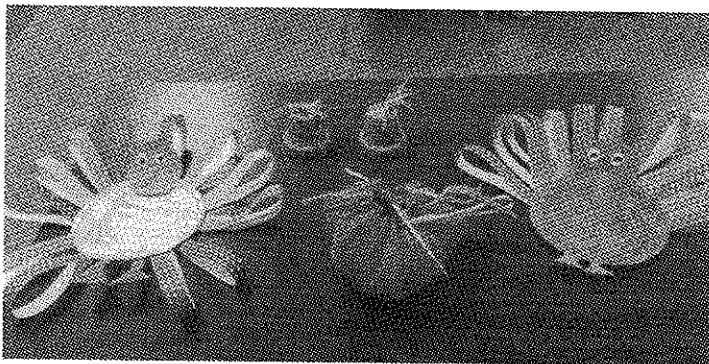
B.A.B.E.S.

Folk Fairs

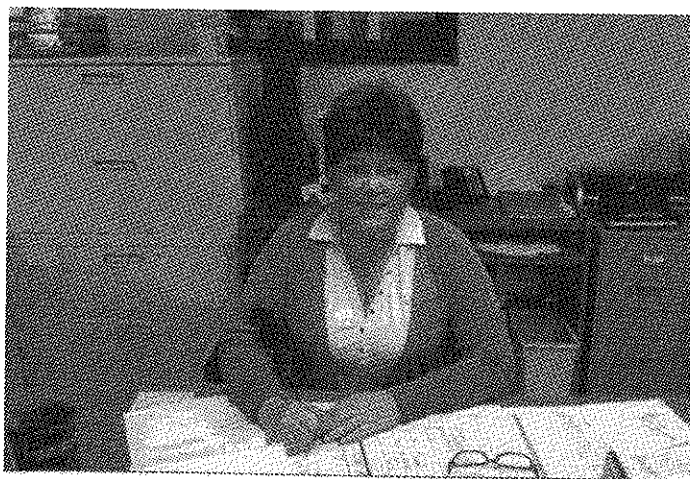
Intergenerational Heroes

America Reads

So, don't be shy. Call Laura or Mikki to find out how to get started today at 362-9593 or 756-4281.



These are some of the projects from the most recent Intergenerational Heroes

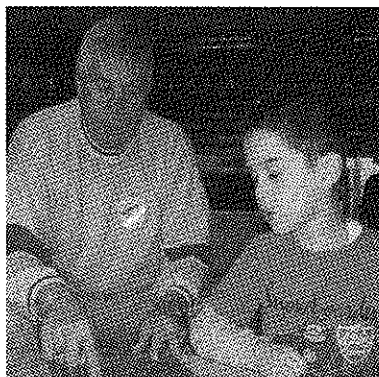


Hello! I am Mikki Spaeth and I joined the R.S.V.P. family in July. Before obtaining an associate's degree in Human Services, I worked as an Optician for several years. My husband John and I live in Janesville with our 4 children, future grandson Riley and our two Labs. Aside from planning baby showers, weddings and our last high school graduation, my favorite activity is our Sunday dinners. Looking forward to getting to know each and every one of you.

There is considerable data showing the rate of volunteerism across the country. Wisconsinites can be proud of their national standing. In a recent article by the Huffington Post, Wisconsin is ranked 2nd in the country when it comes to volunteering. 35.5% of Wisconsin residents volunteer in some capacity. This includes all age groups. There are over 11,000 senior volunteers in Wisconsin. 15.7% of Wisconsin residents said they do favors for neighbors once a month, the second highest percentage of all states.

The Corporation for National and Community Service has provided data from 2013 showing that Wisconsin has 1.61 million volunteers who have provided 163.8 million hours of service. This equates to \$3.7 billion in services. 74.4% engage in "informal volunteering" such as doing favors for neighbors.

These are impressive numbers! Not only are we neighborly, we also care about the quality of life in our communities. Way to go Wisconsin!



At the Beauty Salon



The Clue List for this Word Search Puzzle:

BALD	BUN	HAIR	PEDICURIST	SHORT
BANGS	CLIP	LIPSTICK	POLISH	SINK
BARBER	COMB	LONG	PONYTAIL	SPRAY
BARRETTE	CURLERS	MANUSCRIPT	POWDER	STRAIGHT
BEARD	CURLY	MASCARA	RAZOR	STYLIST
BLACK	CUT	MIRROR	RED	SUDS
BLOND	DRYER	MOUSSE	RINSE	TIP
BRAID	FILE	MUSTACHE	SCALP	TOENAIL
BROWN	FINGENAIL	NAILS	SCISSORS	WASH
BRUSH	FRECKLES	PART	SHAMPOO	WAVY

We Remember

Lucille Alton
 Richard Breszhak
 Melvin Christianson
 Ora Harley

Violet Heitz
 Caroine Laughridge
 Ivar Moline
 Daryl Porter

Floyd Roeker
 Darlene Severt
 Alice Street
 Margaret Venturini

Thank you

Edna Beese – baby booties

Dorothy Wensel – scarves, hats, sweaters

Darlene Arnold - yarn

Mary Seger - yarn

Fung Scholz-hats, scarves

Beth Schmuck-hats

Eugene Durkee-yarn

Becky Esselman-yarn

Jan Olmstead-toiletries,

Office supplies

Rosemary Kautz-yarn

*Susan Bell-Huminski-hats,
mittens*

Sandra Nagler-lap robes

Joyce Gray – mittens

Jan Rotar-lap robes

Bill Lothery-ink cartridges

Jvl. Senior Center-yarn

Virgil & Kathy Parker- paper

Charlene Courtney-hats, mittens

George Cressman-yarn

Marle Menz—Ink cartridges

Sharon Dressler -coffee

Welcome to RSVP

Paula Almanza

Wendy Anderson-Markow

Ruth Atwood

Carol Auge

Diane Beeh

Barb Bolter

George Bolter

Gene Bostian

Roger Burrow

Jay Buswell

Gary Chilson

Frank "Doug" Conkle

Dave Deezic

Lyle Dressler

Brenda Harris

Donald W. Kelley Sr.

Donna Lee Kelley

Thuan Le

Shirley Lewandowski

Walter Mattelig

Theresa Niles

Micheal Palubinski

Jeanne Sheppard

Linda L. Smith

Dorothy Spaeth

Betty Sterna

Delores Ward

Sandy Williams

Volunteers don't receive a salary because they're worthless...It's because THEY ARE PRICELESS!

Become a Friend of RSVP of Rock County

While the Board of Directors of RSVP appreciate the contributions of the many volunteers and community partners, it also acknowledges the need to raise additional dollars to ensure that RSVP of Rock County can continue to operate effectively with its partner agencies and volunteers. If you would like to become a friend of RSVP of Rock County, please send your tax deductible donation to Retired & Senior Volunteer Program of Rock County, 2433 S. Riverside Dr. # 1, Beloit WI 53511. Your friend status will provide you with name recognition on the RSVP website as well as in the newsletters. Thank you again for assisting us in our mission of enhancing the lives of volunteers, age 55 and older, through meaningful service opportunities that match life skills and interests to community needs.

Friends of RSVP

Eva Arnold
Marlene & Tony Bachim
Lois Barnes
Erna Beese
Cecilia Rose Blackwell
Bob Bruner
Sharon Burns
Bernice Brey
Stephen & Ruth Carlson
Cathy Casey
Joyce Cawkins
Henry Clement
Samuel & Joan Clutter
Charlene Courtney
Linda Curcio
Gwen Daluge
Walt & June Divan
Sharon & Lyle Dressler
Doris Dunn
Becky Esselman
Cheryl Ezdon
Delores Folyer
Beverly Frahm

Kathy Gove
Joe Green
Ed and Debra Hansen
Liz & Bob Harlow
Betty Hegg
Sharon & David Henning
Jean Hudson
Janet Hudson
Herbert E. Huebschen
Ralph Irvin
Dorothy Jeffers
Jean M Jensen
Betty Johnson
Jane Jones
June Kay
Georgette Kinsey
Donna Kinney
Pat Kenucane
Mary Kleinsmith
Alice Kniskern
Bonnie Kretsos
Marita Leeder
June Loper

Jane Luety
Inge Machnik
Theora McGee
Carla Miller
Elizabeth Moncrief
Michael & Barbara Morgan
Greg Nelson
Dale Nord
Judy & Richard Owens
Bill and Donna Pember
Virginia Pfeiffer
James Reitz
Tim & Jayme Roth
Ron Schrader
Beth Siegle
Evelyn Smesrud
Robert Sobeski
Evelyn Thompson
Pat Tilton
Mark & Anika Triller
Ken Wendtland
A.H. Wynstra
Lou & Arlene Wald
Gene Ziemba

Community Partners

Beloit Health Systems
Breakfast Optimists Club
Beloit Senior Center
Mercy Health Systems

Culvers of Beloit
Intermediate Women's Club of Beloit
Finley Dencker
Taylor Company

Premiere Technologies
Staff of Blackhawk Bank
Siepert & Company
Alliant Energy Foundation



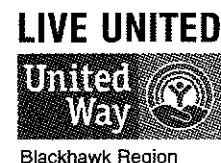
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**NATIONAL &
COMMUNITY
SERVICE** ★★ ★



The mission of RSVP of Rock County is to enrich the lives of volunteers, age 55 and older, through meaningful service opportunities that match their life skills and interests to community needs.

The RSVP Mission

Seniors Volunteering for

Seniors Advisory Council

Jeanne Smith,
Board Representative

Melissa Lade

Peg Slaback

John Kalkirtz

Bev Garcia

Staff

Robert Harlow, *Executive Director*

Patty Hansberry, *Seniors Volunteering for*

Seniors Coordinator

Laura Watson-Anastasi, *Program Manager*

Mikki Spaeth, *Program Assistant*

Kris Gruzner, *Assistant Bookkeeper*

Office Volunteers

Ruby Moe Debra Hansen

RSVP News Notes is a publication of RSVP of Rock County, Inc.

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